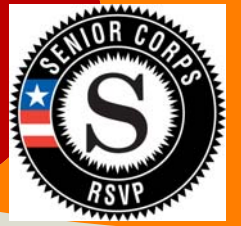




▶ SAFETY TIPS.....2

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RSVP focus Newsletter

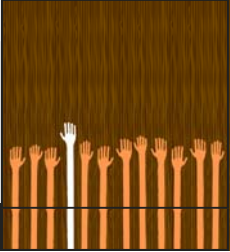
▶ NEVER TOO OLD.....2



▶ MONTHLY SPOTLIGHT

JEFFCAP RSVP: PRESIDENT'S
VOLUNTEER SERVICE CERTIFYING
STATION2

A MONTHLY PUBLICATION FOCUSING ON THE PUBLIC SERVICE OF OUR RETIRED SENIOR VOLUNTEER PROGRAM THROUGH JEFFERSON COMMUNITY ACTION PROGRAMS (JEFFCAP)



POINTS OF LIGHT INSTITUTE



This year, the **National Volunteer Week from April 18 to April 24** is about inspiring, recognizing and encouraging people to seek out imaginative ways to engage in their communities. It's about demonstrating to the nation that by working together, we have the fortitude to meet our challenges and accomplish our goals.



Celebrating People in Action

National Volunteer Week

Celebrating People in Action

National Volunteer Week is about taking action and encouraging individuals and their respective communities to be at the center of social change—discovering and actively demonstrating their collective power to foster positive transformation. This is the perfect opportunity for our **JeffCAP RSVP** stations and volunteers to seize the moment and share the national spotlight during **National Volunteer Week** with other volunteers in the community. **And at the same time**, you can leverage this week of national celebrations to advance our RSVP cause and promote volunteer commitment of the RSVP program at your station. To get involved, contact our office at 504.736.6900 or visit www.PointsOfLight.org.



senior



living

REGISTER NOW: Elderly & Indigent Transportation Services

The **Jefferson Parish** elderly and indigent passengers who meet medical and income guidelines may receive transportation to appointments throughout Jefferson and Orleans Parishes. The service uses both fixed routes and demand schedules to and from community centers and clients' homes. Clients travel to doctors' offices, hospitals, rehab centers, social service agencies and activity centers. All applicants must qualify by the income guidelines. The operation hours are from Monday-Friday 8:30a.m-4:30 p.m. To schedule an appointment, please contact one of our **JeffCAP community centers** located nearest you: Marrero, 349-5953; Harvey, 227-1221; Avondale, 349-5422; Gretna, 376-2133; Bridge City, 349-5465; Metairie, 736-6488 and Jefferson, 838-4287.

Visit <http://www.jeffparish.net/index.cfm>



SAFETY TIPS: No Weapons

Avoid carrying weapons . . . they may be used against you.

NEVER TOO OLD Charlotte Smith



Recently, Charlotte Smith received the Length of Service Award from the RSVP of Scioto County in Ohio. Smith has been a member of RSVP for 25 years. Taking care of others is something that comes naturally to her and she holds a type of strength that defines her ability to hold the pieces together when things seem to be falling apart. When she first joined RSVP she was not only volunteering three times a week, but she also was caring for her two grandchildren five days a week! She can be found in the Southern Ohio Medical Center (SOMC) gift shop, where she first began to volunteer. "As long as she can walk and get here, she will be here, even if we needed her extra days," said Janet Williams of SOMC.

Her dedication is inspiring and encouraging to those around her.

News You Can Use

1. Senior Fest 2010: Live Longer! Age Stronger! Under the Big Top! Friday, May, 14, 2010, 10am-2pm, location to be announced, contact New Orleans Council on Aging at 504.821.4121; **According to the recent provisions in the Credit Card Accountability Responsibility and Disclosure Act**, card issuers are prohibited from increasing interest rates during the first year on new accounts. In most cases, retroactive rate increases are prohibited. The credit issuer now has to set the payment-due deadline on the same day each month with no early morning deadlines. Consumers cannot be charged extra fees for making payments online by phone or by mail. Over-limit fees must be elected by the cardholder along with a predetermined over-limit fee. Issuers must notify cardholders of significant changes to their account terms at least 45 days before the changes take effect. If the consumer objects to the changes, he or she can close the account or opt out. For more information, visit www.govtrack.us.

Famous Quotes

Life is something that happens when you can't get to sleep.
Fran Lebowitz (1950 -)

Recognize and Thank Volunteers



POINTS OF LIGHT
INSTITUTE

National Volunteer Week, Celebrating People in Action, is a call to action for Americans to volunteer and a week to inspire by example. Created by executive order of President Richard Nixon in 1974, this week signaled a recommitment to creating a culture of service

"Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience and just plain love for one another."

Erma Bombeck

in America. Volunteer recognition is an extremely effective retention and recruitment tool. All of us want to feel valued and appreciated, and it's been proven that recognition is the best and most productive means of doing so. Research conducted by **Points of Light Institute** and **HandsOn Network** reveals that recognition not only motivates volunteers, but also promotes public awareness in local communities.

COUNTDOWN TO NATIONAL VOLUNTEER WEEK TIPS

- Send a Proclamation Request Letter to your local mayor, parish executive and governor.
- Begin planning your event: identify and confirm the venue, invite speakers and local dignitaries and have a photographer.



MONTHLY SPOTLIGHT

JeffCAP RSVP: President's Volunteer

Service Certifying Station

By Aretha Frison

Recently, Jefferson Community Action's Retired Senior Volunteer Program (**JeffCAP RSVP**) was accepted as a certifying organization for the **President's Volunteer Service Award**. This October at our annual **RSVP Volunteer Recognition Luncheon**, we will present this award to three volunteers and one volunteer station based on the number of volunteer hours accrued



Recognizing and honoring volunteers, sets a standard for service, encourages a sustained commitment to civic participation and inspires others to make service a central part of their lives. The **President's Volunteer Service Award** recognizes individuals, families, and groups that have achieved a certain standard – measured by the number of hours of service over a 12-month period or cumulative hours earned over the course of a lifetime. We encourage all station supervisors to recognize your outstanding volunteers during **National Volunteer Week** and promote the **President's Volunteer Service Award**. It's the highest honor and most prestigious volunteer award directly associated with the **White House** and one that all Americans can aspire to achieve. Such a nationalized display of recognition during our annual luncheon will not only leverage the nation's focus on service, but also establish a direct link with your own projects and activities and, align your station with a prestigious national award.

**RSVP
FOCUS
STAFF**



PUBLISHER

Nicole Ferrier

EDITOR

Aretha Frison

RSVP CLERK

Amber Martinez



RSVP Focus

1221 Elmwood Park Blvd.

Suite 402

Jefferson, La. 70123

If you have a story or a photo from a RSVP event or volunteer station, email amartinez@jeffparish.net